



## MANUAL FOR PREPARING FUTURE MOBILITIES



This document is a result of the project:

"Building the vocational training of the future: companies and educational centres facing the challenge of the organization and integration of a more inclusive and digital VET"

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**Authors** 



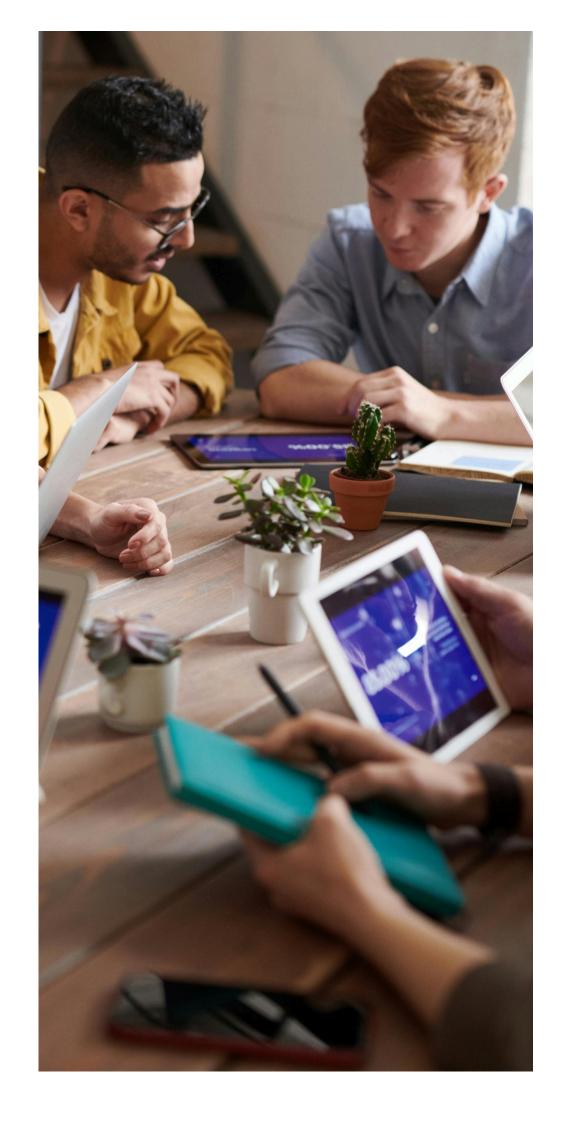
In view of the challenges experienced since 2020, the European Commission has decided to promote Vocational Training by making it a benchmark for economic and social reconstruction, as well as for achieving the objectives expressed through the Council Recommendation of 24 November 2020 (2020/C 417/01) and coinciding with the 2030 Agenda and the OECD proposals. Member countries have started to adapt their VET education laws to the new guidelines in order to achieve the proposed targets.

This is the case of the Government of Spain, which in 2022 approved the new Organic Law 3/2022, of 31 March, on the organization and integration of Vocational Training for the modernization of Vocational Training in Spain with the aim of improving standards and making VET more attractive to young people. All this, through the introduction of flexible learning pathways, as well as the updating and development of new educational programs that meet the demands of the future of the labor market. The new VET model seeks to ensure learning opportunities for all with a unified, flexible and easily accessible system.

With this new model, companies must not only assume the reception of internships of VET students of a longer duration than the current one, but they must also assume part of the student's training in the company.

In this context, we have created this manual that contains all the information that both companies and VET educational centers need to carry out mobility of VET students with obstacles in the technology sector.

# STAGES OF THE MOBILITY



## Stage 1

## VIRTUAL PREPARATION MEETINGS

Before starting a mobility, it is important that the school and the technology company have one or more virtual meetings in which they establish the characteristics of the mobility, as well as the agreements they are going to sign.

## PREPARATORY TRIPS



Preparatory trips are really useful to ensure the quality of the conditions in which students are going to work. This type of trip not only allows you to ratify the characteristics of mobility, but also to verify that the company is really suitable and useful for students and meets all the necessary requirements.

## **WORK PLAN**



Before starting a mobility, whether face-to-face or virtual, it is recommended that the company creates a work plan that specifies the project in which the students will participate during the development of the work.

Subsequently, during the process, adjustments may be made based on the responsibilities and tasks assigned.

## PREVIOUS TRAINING ITINERARIES

Completing a previous training itinerary focused on face-to-face and virtual work in technology companies is highly recommended for students with the aim of starting mobility better prepared and better adapted.

## Stage 2

## **NOTEBOOK**

It is a daily work and follow-up document that students will have to complete with the work they do. Their structure allows them to develop critical thinking, reflect and critically evaluate the work they are doing, understanding their task and role in the project as a whole.

## **TEAM MEETINGS**



During the development of the mobilities, students will hold meetings with the company's team to discuss aspects of the project in which they are participating and resolve doubts.

## **TUTOR'S MEETING**



It is recommended that every fortnight students meet with the company's tutor to follow up on the work they have done, as well as to help them with everything they need (regardless of whether they can contact him/her whenever they need to). Together with team meetings, these are an essential tool for mobility monitoring and evaluation.

## **FOLLOW-UP**

The use of software to monitor students during mobility facilitates the work of teachers and technicians.

On your Side

## Stage 3

## **EVALUATION**

After the end of the mobilities, the company's tutors must carry out the evaluation of the work carried out taking into account the evaluation criteria established in the Learning Agreement (signed with the educational center before starting the mobility).



## **FINAL REPORT**



On the other hand, both the company and the educational center must determine whether the students carry out a final internship report. This document compiles all the tasks carried out by the student, as well as the results obtained, allowing both the teacher and the tutor of the company to have an overview for the evaluation process.



The selection process must be based on objectivity, transparency and free appearance.

The main criteria we recommend taking into account are:

- Interest in the area of the company where they are going to carry out the mobility.
- Interest in lessons.
- Grades in laboratory courses.
- Intention to assume and respect the obligations arising from their participation.
- Be aware of their responsibilities to the school and the company.
- Assume the fulfillment of the work that must be developed and completed.
- Have the support and consent of parents.
- Adequate knowledge of English in order to be able to communicate without difficulty with the company's work team.
- Work experience. Students' previous experience will be taken into account.
- The particular social characteristics of the student, taking into account the obstacles they face.
- Teacher´s proposal.
- It is recommended that the company communicate to the educational center the characteristics and skills that mobility candidates must have

We recommend the following process:

## Publication of the selection criteria

The VET educational centre publishes on its facilities and website the requirements to register for mobilities, indicating the start and end period for registration, the resolution period and the place of registration.

In addition, it will include the main features of mobility: Destination country and city, Duration of mobility, Number of students and technology company. 01

## **Start of the Application Period**

During the time established by the centre, students will have the opportunity to register to apply for their participation in the mobilities. There are educational centers in which the period goes from 09/11 to two months before mobility, each school year.

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## **End of application process**

Date by which students will be able to apply. Once the application process is completed, the teachers and managers will analyze the applications received and conduct interviews.

03

## Interviews

The teachers and heads of the school in charge of the mobilities will carry out interviews with the students who meet the requirements and are more suited to the mobility. These interviews will be very useful to know the motivations of the students and to assess the information they have provided in the application.

04

## **Evaluation & Selection of the participants**

Once all the interviews have been completed, the teachers and responsibles will have a meeting to evaluate the candidates and those students who are most suitable for participation in the mobility will be selected. The pedagogical school team decide whom to join the mobility course

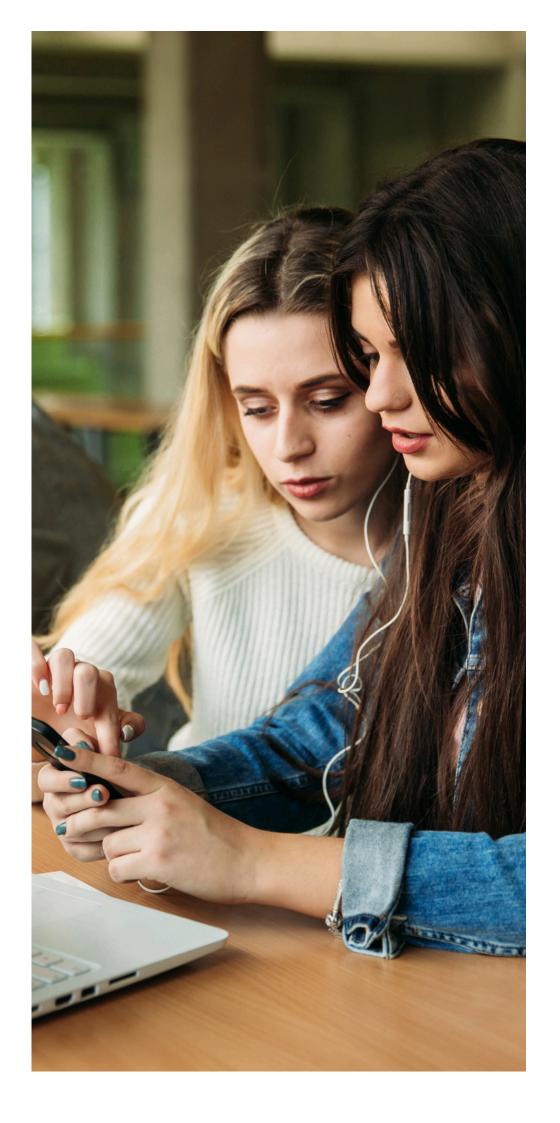
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## Presentation of the selected participants

Finally, the centre will inform the students who have been selected to participate in the mobility.

06

## PREVIOUS TRAINING TINERARIES



In most cases, a mobility is the first work experience that students will have in a technology company. During the period in the company, students will acquire knowledge and skills specific to their VET education. However, we recommend that they carry out prior training before doing the mobility.

The e-learning platform "Virtual Inclusive Education" offers free training courses for VET students. These courses are directly focused on the job training of students for their employability and inclusion in the technology sector.

Specifically, this platform offers two courses created by the partners of the Criticalthinking4VET network in previous projects co-financed by the Erasmus Plus Programme:

## PERSONALIZED DIGITAL COURSE FOR JOB TRAINING IN A TECHNOLOGY CENTER

Virtual course for VET students from technological families (computer science, chemistry, laboratory, mechanics, electricity and electronics) who are going to do an internship or start their professional career in a technology company. This course offers them a personalized itinerary through which they acquire the specific competencies and skills required by a technology company to fit into multidisciplinary teams and assume a role in cutting-edge technological innovation projects, as well as develop critical thinking and transversal skills that guarantee their social and labor inclusion.

## DIGITAL COURSE: ELEARNING SIMULATION ENVIRONMENT IN TECH CENTERS

Course for VET students in the technology sector to acquire the knowledge and skills necessary to carry out virtual internships in a technology company. This course offers prior theoretical training that is put into practice through an elearning simulator that places the student in the scenario of a specific job with the characteristics, structure and software that they will need to carry out activities according to the functions they will have in virtual internships or teleworking positions in technology companies.

**ACCESS** 

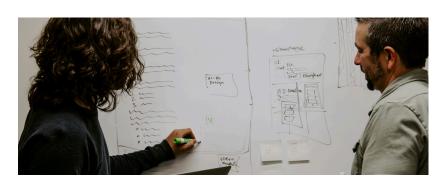
# HOW TO CHOOSE A LITY FOR MOBILITY



## Choosing the ideal company in which to place apprentices from a vocational training centre, which is necessary to gain work experience, is a combination of criteria.

## Key facts -

- Whether the placement will be in the local or international market. More specifically, the trainee will either move out of the country in which they reside or remain in their region.
- The needs of the trainee will be investigated. The
  effort to gain work experience simply to obtain
  the apprenticeship certificate or there is a need
  for a long-term investment and acquisition of
  skills for a future career in the subject of
  education.
- The company shall provide training to the apprentice in order to improve his or her future efficiency.
- The budget offered to the trainee for the entire mobility.
- The collaboration of the company's educational centre with the vocational training centre.
   Cooperation takes place at the level of a common educational training programme agreement, for the preparation and successful introduction of apprentices into the enterprise.

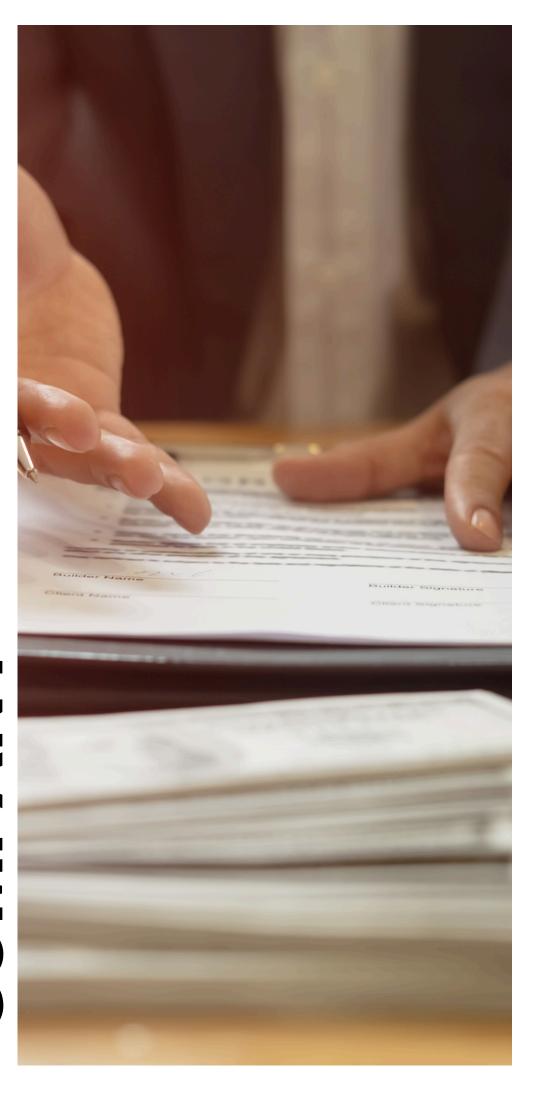


## The tools that can be used to decide the company —

- Select the host company. Will we use the management services of external companies or will our school be the one who manages the accommodation, selection of the company and travel?
- Initial informational meetings between companies with the school administration and with interested trainees.
- Make preparatory trips to meet with the company's managers, get to know the facilities and specify the characteristics of the mobility period, as well as the needs of the company.
- Make synchronous and asynchronous presentations with the services provided by the company.
- Make a presentation of the company's needs



## H H I I I **UDU**



Before carrying out mobility between an educational centre and a company, it is advisable to sign a training agreement and an agreement between both parties that establishes the main characteristics of the mobility.

In this sense, we find the "Mobility Agreement", a document signed by the legal representatives of the company and the educational center that establishes:

- The duration of the mobility, specifying the start and end date. The start date will be the first day on which the participants in the mobility must be at the facilities of the host entity (the company), while the end date will be the last day on which they are at these facilities.
- **Working conditions**. It establishes the working hours that students will work (weekly hours, schedule, work calendar, salary...).
- **Mobility budget.** It establishes the budget for both parties, as well as the entity in charge in terms of travel, management, monthly salary of the participants, language support and accommodation.
- **Payment Terms**. These conditions will contemplate the possibility that the mobility will not be carried out, the circumstances under which it may be cancelled and the payment terms in reference to these circumstances.
- **Payment Method.** Establish the form of payment of the mobility budget, as well as the percentage of budget in each payment.
- **Mobility assessment.** It establishes the evaluation mechanisms and methodology to be carried out.
- **Justification of mobility**. It establishes the necessary documentation for its justification and the accreditation of ECVET credits.
- **Governing Law and Jurisdiction**. The country by whose law the agreement is governed, in case of disputes that cannot be resolved amicably.

## **MOBILITY AGREEMENT**

## PROJECT REFERENCE

The present contract, hereinafter referred to as "The Agreement", is made and entered into and between:				
HOST ENTITY:				
OID Nº:				
represented for the purposes of signature of this Agreement by, i legal representative as defined in the Grant Agreement,				
and the following beneficiary:				
SENDING ENTITY:				
OID Nº:				
represented for the purposes of signature of this Agreement by, i legal representative as defined in the Grant Agreement,				
The parties hereby have agreed as follows:				
Article 1				
Purpose of the Agreement				
1.1. This Agreement defines the terms that govern the relationship between the parties be establishing their rights and obligations. It establishes the rules and conditions for carrying of the mobility of the Erasmus Plus Programme projections.				
(hereinafter referred to as "the Project"), whose Grant Agreement Coo				
1.2. The object of this Agreement is subject to the regulations of the Erasmus Plus Programme ar the working conditions of the				
1.3. The parties will be subject to the terms and conditions of this Agreement and any modification of any of them or both.				
Article 2				
Duration of the mobility				

1.4.	The mobility period will last for () months, starting on the and ending on the
1.5.	The starting date of the mobility period will be the first day on which the participant must be at the facilities of the host entity. The end date will be the last day on which the participant must be at the facilities of the host entity.
	Article 3
	Working conditions
1.6.	The working hours will be hours per week, divided as follows:
5.	
1.7.	The working calendar will be
	Article 4
	Budget
1.8.	Breakdown of the budget
	The maximum budget allocated for the mobility of () students will be, divided into the following items:
1.9.	Budget for the monthly salary of the participants
1.9.1. 1.9.2.	This amount is subject to the completion of the mobility. If the mobility does not occur, no amounts established for the monthly salary will be owed, and the entity
1.10	D. Travel budget
1.10.1.	will pay for the travel costs of the participants for a maximum cost of
1.10.2.	This amount is subject to the completion of the mobility. If the mobility does not occur, no amounts established for the monthly salary will be owed, and the entity
1.13	1. Management budget
1.11.1.	The entity will receive $\mathfrak E$ ( $\mathfrak E$ per student / month).
1.11.2.	This amount is subject to the completion of the mobility. If the mobility does not occur, no amounts established for the monthly salary will be owed, and the entity
1.12	2. Budget for language support
	The entity will receive € ( € per student) to cover the costs related to:

141	Language support.
-	Learning Assessment.
-	Personal support to the students.
	This amount is subject to the completion of the mobility. If the mobility does not occur, no amounts established for the monthly salary will be owed, and the entity
1.13	3. Accommodation budget
1.13.1.	The costs of accommodation for () students will be covered by
1.13.2.	The final payment remaining after the completion of the mobilities remains subject to there
	being no damage to the homes, or costs derived from it that must be paid.
	Article 5
	Payment and refund conditions
1.14	4. Each of the items related to the mobility will only be paid if the financed action is actually
	carried out in its entirety and the supporting documents are provided, in accordance with the
	provisions of the Erasmus Plus Programme.
1.15	5. In the event that mobility must be canceled before its completion for any reason, only a
	salary budget amount proportional to the time actually worked will be paid.
1.16	
-	Failure of the student to adapt to the job position or the new location.
(H)	A repeated sanction by the company due to serious misconduct by the student.
-	New COVID-19 outbreaks and restrictions.
-	By express mandate of the National Agency, the Government, the
	The clear need of due to situations beyond its control.
1.17	
	due to:
a)	Damage to the home by students or fines derived from the actions of the students themselves.
b)	Failure to provide the necessary accreditation to justify each of the budget items.
c)	Damage to host entity facilities.
d)	Any other cost attributable to the students.
1.18	If the last payment related to the mobilities is not enough to cover these costs to be
	refunded, said amount will be deducted from
1.18.1.	This amount is subject to the completion of the mobility. If the mobility does not occur, no
	amounts established for the monthly salary will be owed, and the entity
	will have to return to the money derived from these mobilities.
	Article 6
	Payment method
1.19	9. The budget used will come from the Erasmus Plus grant received for the purposes
	defined by the Project.
1.20	

A first payment of ......% of the assigned budget (......) within a period of .... calendar days following the signing of this Agreement, and no later than the starting date of the mobility period, provided this document is signed. A second payment of ......% of the allocated budget (...........€) within a period of .... calendar days after the ending date of the mobility period, and provided that the supporting documents required to justify the mobility have been received. Article 7 Evaluation of the mobility 1.21. The parties undertake to carry out the evaluation of the mobility of each student. 1.22. .....undertakes to complete the final evaluation documents subject to the ECVET Credit System for all students. 1.23. ..... undertakes to carry out the final evaluation and validation of the ECVET Credits of all students. Article 8 Justification of the mobility 1.24. ..... undertakes to provide ...... with all the documentation necessary to justify the learning activities, in accordance with the provisions of the Erasmus Plus Programme, after the completion of the learning activities and within a period not exceeding the end date of the Project (.../..../20....).

### Article 9

## Applicable law and jurisdiction

- 1.25. This Agreement is governed by the ...... law, being the law of the coordinator's country.
- 1.26. In case of any disputes on matters under this Agreement that cannot be resolved by an amicable settlement, the matter shall be decided in accordance with the law of the coordinator's country.
- 1.27. If any provision of this Agreement or the application of any such provision is considered invalid or unenforceable in whole or in part due to legal requirements, all other stipulations remain valid and binding to both parties.
- 1.28. If any provision in this Agreement is wholly or partly ineffective, the parties undertake to replace the ineffective provision by an effective provision as close as possible to the purposes of the ineffective provision.
- 1.29. This Agreement is concluded in English. In the event of translation of this Agreement and its annexes, the English version shall prevail.

## Article 10

## Annexes

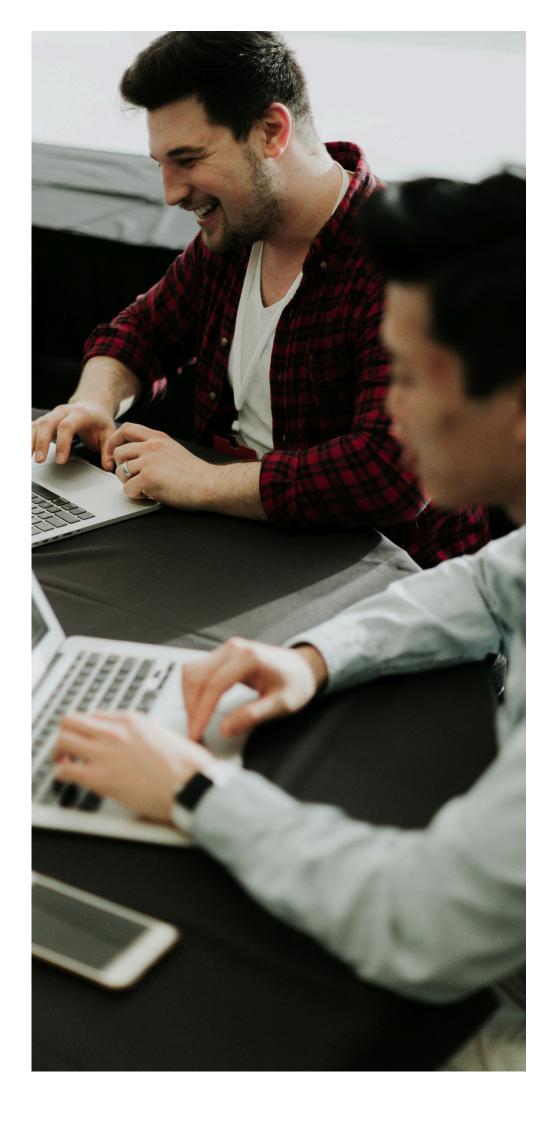
Annex I - Individual Bank account of each beneficiary organization.

We, the undersigned, declare to have read and accepted the terms and conditions of this Agreement as described here before.				
Legal representative	Legal representative			
Signature and stamp	Signature and stamp			
Done in:	Done in:			
Date:	Date:			

## ANNEX I

Individual Bank account of the beneficiary organization.		
Name of the bank:		
Address of the bank:		
Name and address of the account holder:		
Full account number (including bank codes):		
IBAN account code:		
The legal representative:		
[Name and Position]		
STATE OF THE STATE		

## ACCREDITATION BOCUMENTS



## EVCET Credit System

ECVET is the European Credit Transfer System for Vocational Training, an initiative of the European Union to support learning, student mobility and flexibility of learning pathways that allows you transparency, transfer, accumulation and recognition of learning outcomes.

ECVET is a system of credit units that is based on the analysis of qualifications into groups that constitute sets of learning outcomes. Groups of learning outcomes correspond to parts of qualifications and include knowledge, skills and competences, which are assessed and validated. Groups of learning outcomes correspond to units of credit, which are calculated based on the assumed time required to complete the learning process and the workload required. By earning credits gradually, the student can acquire a grade.

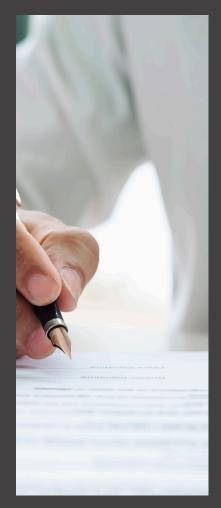
## **ECVET DOCUMENTS**

## Memorandum of Understaing

This non-legally binding document establishes the framework and conditions of cooperation between the educational center and the company for the realization of a mobility with the principles of the ECVET system.

## Transcript of records

Official document that facilitates the recognition and transfer of ECVET credits, specifying the learning outcomes, credits and qualifications that a student has acquired or achieved during the mobility period.



## **Learning Agreement**

Document detailing learning outcomes and the method of assessment. validation and recognition of ECVT credits. Thus, this document includes the and personal contact information of the parties involved, the duration of the mobility, the description of the learning outcomes. the methods evaluation and procedures for recognizing transferring **ECVET** and credits and the responsibilities of the parties involved.

## Europass Mobility Document -

The most important certification document for live or virtual trainees recognised throughout the European Union and third countries cooperating with it is the <u>Europass Mobility Document</u>

Europass Mobility is a standard document in use throughout Europe that records an individual's participation in a mobility experience organised in another European country (European Union/EFTA/EEA and candidate countries).

The Europass mobility document formally records the details of the skills and competences acquired by a person during a mobility period. Its aim is to:

## **>**

## **Objectives**

- Boost the transparency and visibility of European mobility experiences and virtual mobility in technology hubs, helping holders to better showcase what they have gained through this experience, in particular in knowledge, skills and competences.
- Promoting the recognition of experiences gained abroad.
- Promoting European mobility for learning purposes, making its results more visible.

To obtain this document, it is necessary that the Mobility Experience meets certain quality criteria that have been established at European level and, above all, that it includes learning in an educational or professional environment (to make it a learning experience). This learning experience could be:



## This learning experience could be:

- A period of education and/or training as part of a European exchange programme.
- Internship in a company.
- A voluntary placement in an NGO.
- Other cases such as virtual mobility in technology centres under the supervision of a recognised training centre or a host body that implements student and teacher mobilities.

The mobility experience (e.g. through programmes such as Erasmus, Erasmus+, etc.) is overseen by two partner organisations, the first in the country of origin and the second in the host country. Both partners agree on the purposes or contents, objectives, duration, methods and monitoring of the Europass mobility experience. A mentor is identified in the host country.

Partners can be universities, schools, training centres, companies, VET providers, NGOs, etc. Europass Mobility is intended for anyone experiencing a mobility experience in a European country or for virtual mobility in a technology centre, regardless of age, educational level and professional status.



## Benefits of participating in a mobility program

- Enrich your knowledge.
- Work or study in an environment with different technologies and knowledge.
- Broaden your professional and personal perspectives.
- practice a foreign language, get acquainted with a different culture.
- Improve their autonomy, acquire new skills and competencies.
- Make new friends or even future partners.
- Increase your chances of employability at home or abroad.

## How can you obtain the Europass Mobility Document?

For European countries, organisations participating in mobility experiences and acting as sending partners can apply at the Europass National Centre (e.g. in Greece the organisation is EOPPEP) for Europass mobility on behalf of people studying or working in them. There is a specific procedure that they need to follow through a web-based application.

## What is the procedure for issuing a Europass mobility document?

First of all, the sending organisation (university, school, training centre, company, VET provider, NGO, etc.) has to submit an application to the Europass National Centre (NEC) which is responsible for issuing the Europass mobility documents (for Greece, the Europass National Centre is EOPPEP - National Organisation for the Certification of Qualifications and Careers (guidance). Subsequently, both the sending partner and the host partner must cooperate with the NEC of the sending partner's country to complete the necessary information in the Europass mobility document. The processing is done electronically through a web-based application.

The document is bilingual and issued in the language of the country of origin (e.g. Greek, Spanish, Italian, etc.) and in English. It is signed and stamped by both sending and receiving organizations.

In order for a Europass mobility document to be issued, the application must be submitted by the sending partner who organised the mobility programme abroad and not by individual participants (students, employees, etc.).



## Procedure for issuing the document



The sending partner must make an electronic registration in the Europass mobility application.

When their account is activated by the Europass National Centre, they can fill in a separate Europass Mobility Document for each person who participated in the mobility programme abroad (Tables 1,3,4).

Important note: Registrations can only be made by sending partners who send their participants from one country to another. Host partners are not required to register. Registration must be done only by the actual educational institution or shipping company.



Tables 5A or 5B (for higher education institutions only) are electronically completed by the host partner. Sending partners send an email with the link that gives access to the document to be filled out by the host partner.

The host partner can use the link sent by email to complete section 5A (and 5B, for universities only) of the Europass mobility document.

The sections to be completed are: "Competencies acquired during the mobility experience" (Table 5a) and/or "Record of courses completed and individual grades/marks/credits earned" (Table 5b). Section 5b is completed only for students participating in the Erasmus programme during their studies (students at short-cycle bachelor's, master's or doctoral levels)

As a host partner, you can also modify the details of your organisation in the Europass mobility document in section 3.

Once the host partner completes the document, it can be sent to the sending partner.

**Note**: To help, and in agreement with, the host partner, the referring partner can also pre-fill the above-mentioned sections by following a procedure.



The shipping partner translates the documents. When step 2 is completed, the sending partner can translate the 5A (or 5B, higher education institutions only) content into the country's language. When the translation is finished, the document can be sent.

Europass National Centre (NEC) – FOR GREECE EOPPEP. When the above procedure is fully completed, the documents are automatically given a specific document number, i.e., EL-NEC-201901015989.

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Print and award Europass Mobility to cardholders. The Europass mobility document can be printed, signed and/or stamped by both the sender and the host partners. The sending partner issues the document to the holders in hard copy or electronic format.

## **Certificates**

In addition to the documents described above, the issuance of a certificate issued by the school and the host entity is a simple method that allows the accreditation of the completion of the mobility.

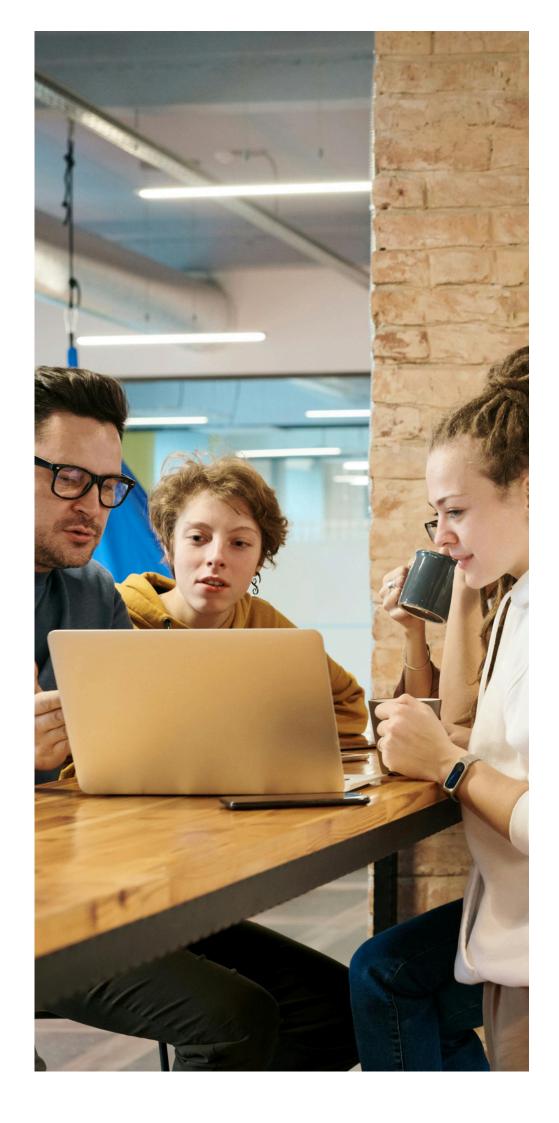
Therefore, the certificate must contain the appropriate information for any recipient to assess the student's professional profile, as well as their willingness to participate in innovative activities.

In the event that the training activity is carried out in the context of an Erasmus+ project, the issuance of the certificate by the host partner or the intermediary partner must contain the following elements:

## **CERTIFICATE CONTENTS**

- Name of the legal representative of the host body who will sign the certificate.
- Shipping entity: name and address.
- Host entity: name and address.
- Participant's Name.
- Mobility period.
- Project Code.
- Project Title.
- Host organization logo.
- Erasmus+logo





The aim of the mobilities is for students to develop their capacity for analysis and critical thinking, as well as key and transversal competencies in a work environment in the technology sector, carrying out the functions and work processes of the curriculum of their training cycle.

During the mobility, students will perform certain functions, providing help and support to researchers and technicians from the host company. For this reason, it is important to specify the main working conditions that these mobilities will have:

## **WORKING DAY**

The working day will be established between the company and the educational center, in accordance with the company's working hours and never exceeding the maximum working day of 40 hours. Before the start of the mobility, students must know the schedule they will carry out during their face-to-face mobility. In the case of virtual mobility, they must establish with the company the schedule they must carry out and whether this should coincide with that of the company's workers or they will have the ability to modify their schedule.

01

### **CALENDAR**

As for the work calendar, the school and the company must agree on whether it will correspond to the work calendar established by the company's labor agreement, or to the school calendar of the school. For the final evaluation to be carried out correctly, we recommend that the training plan be reviewed every week.

02

04

### **SALARY**

In the event that students receive a salary during the mobility, this must be established prior to the mobility, and be proportional to the minimum wage of a full working day in the destination country.

### **FUNCTIONS**

It is important for students to know the functions they are going to perform in the company. The company will be responsible for specifying them, taking into account the curriculum of the student's training cycle. For example, some of these functions include: taking and analysing samples, carrying out experiments of low and medium complexity, preparing material, setting up equipment, recording and examining the results of experiments, communicating the results to the manager, identifying hazards in the workplace and assessing risks, diagnosing and assisting in the repair of equipment in the company, collaborate in error detection, etc.

# INSURANCE CONTRACTING



The safety and security of participants during mobility is a priority. For this reason, students who participate in a mobility must have insurance that insures them against the risks associated with their participation (illness or accident, civil liability, damage or loss of luggage, etc.).

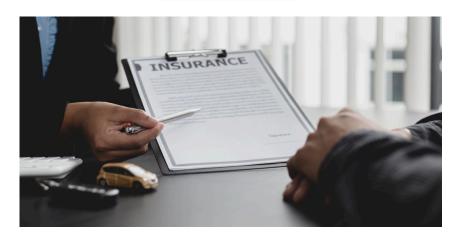
A widely used insurance policy for mobilities is "<u>Erasmus Insurance</u>". It is part of the Building Bridges Association group, the main insurance company in Spain for international travel.

They offer the possibility of taking out insurance for Erasmus Plus mobilities (studies, internships, exchanges or training courses) that covers accidents, assistance to people and civil liability.

The insurance policies are calculated per month (30 calendar days), with a cost from €20 per month, offering the possibility of acquiring insurance for the mobility of students, who meet the requirements of the E+ Programme.

**ACCESS** 

The safety and security of participants during mobility is a priority.



# SELECTION OF ACCOMMODATIONS



The selection of accommodation is important in the organization of the mobilities, as students will spend from 10 days to 3 months in the destination city. Therefore, it is important to have factors such as location, cost, whether they go with or without teachers or one or more students.

There are many possibilities that exist today to stay in any European city. However, for long stays such as long-term mobility, it is recommended that students have accommodation where they feel comfortable and have everything they may need.

In this sense, for long-term mobilities in which students travel without teachers, we recommend these options:



### Student residences

They are exclusively student accommodations in which they have a single or shared room that has a bed, desk and wardrobe (at least in most cases) and common areas such as kitchens, meeting spaces... In addition, some of these have half board or full board, making it easier for the student to stay.

Many of these residences are located in university and safe areas, and offer the possibility of making monthly reservations.

On the other hand, this accommodation makes it easy for students to meet students from other cities and cultures.



### **Hotels**

For short-term mobilities (12 days, for example) they can be a good option, as you can accommodate all the students together and even have half board or full board, making organization and coordination much easier.



### **Apartments**

In all cities there are apartments that are offered for rent to a maximum of 4 students (usually) for periods of time. Depending on the number of students doing the mobility, they can share a flat with each other or share a flat with students from other cities (for example, if only 2 students go, they can share a flat with one or two other students).

Depending on the destination city, the cost of renting an apartment is cheaper than residences. In addition, nowadays, most apartments allow virtual tours, allowing the student and his or her family to get to know the apartment without having to travel to the destination country beforehand.

While it is true that in certain cities it can be difficult to find accommodation for 2 or 3 months, this accommodation allows students to learn to live independently and to manage the main characteristics of adult life.



# **AUTHORS**



### Luis Gómez Estrada - Ikasia Technologies SL

Luis Gómez Estrada, was born in Valencia in 1980, with a Bachelor's degree in Industrial Design by "Universidad Politécnica de Valencia", experienced in the research field at the "Instituto de Biomecánica de Valencia" (UPV). Actually is CEO of Ikasia technologies and has experience as head of the 3D department in an engineering services companies. He has a broad experience in European and international project's management and coordination.



### José Luis Gómez Ribelles - Ikasia Technologies SL

José Luis Gómez Ribelles is a full professor at the Universitat Politècnica de València, carrying out his research work at the Centre for Biomaterials and Tissue Engineering, CBIT, of that university. He is currently the principal investigator of one of the research units of the CIBER-BBN of the Instituto de Salud Carlos III. His current line of research focuses on the development of biomaterials for tissue engineering and regenerative medicine.



### Laura Gómez Estrada - Ikasia Technologies SL

Qualified as a VET Technician, Laura has been incorporated in Ikasia in 2018 in the scientific and educational project development team. Having exhibited organization and managing skills, has since been responsible for projects coordinated by Ikasia included in the Erasmus + Programme in the field of professional education. Laura is a easygoing, and hardworking person. Her diverse professional parkours led to the development of a broad range of skills, from organization to and interpersonal skills, which she transposes to her professional everyday life.



### Luis Amaro Ribeiro Martins - Ikasia Technologies SL

Luis Martins is a Phd student at the Universitat Politècnica de València. After graduating applied biology from the Universidad e do Minho took a master in Biophysics and Bionanosystems on the same university. Additionally, has pedagogic competences and advanced english from Cambridge University and competences aided design, 3D printing and basic programming. Luis has experience in tutoring, orienting students projects or laboratorial internships.



### Raquel Navarro Cerveró - Redtree Making Projects

Raquel Navarro Cerveró is a social worker, an equality agent and has a Master Degree in Labour Risk Prevention, and she have worked with the association movements in Valencia for more than 15 years. Through her professional and associative career, Raquel has fulfilled responsibilities that have allowed her to develop a broad experience as Social Worker and Projects Technician, creating and managing associative and social economy projects to promote equality and social justice.



### Ricardo Sixto Iglesias - Redtree Making Projects

Ricardo Sixto Iglesias was born in Valencia in 1967. He graduated in Geography and History from University of Valencia in 1990. Medievalist, specialized in archives, library science, and documentation. He has devoted a good part of his experience to public work in various institutions such as the city councils of Burjassot and Valencia, the Valencia Provincial Council, and the Spanish Congress of Deputies.



### Carlo Zoli - Smallcodes

Electronic Engineer; CEO of Smallcodes Ltd. Founder of Smallcodes Ltd as a social and technological company focused on education and linguistic technologies, with a special interest in minority languages and cultures, dialectology studies and historical linguistics.



### Silvia Randaccio - Smallcodes

Silvia Randaccio has a degree in European and Extra-European languages, with a thesis in computational linguistics for the Arabic language. She currently follows numerous projects for the development of linguistic software, teaching materials, e-learning platforms and digital archives, for minority languages but also for other product sectors. She also manages digital marketing, SEO and web graphics.

She has also undertaken several external collaborations as a consultant, teacher and project partner for various entities that have allowed her to learn about new realities and work sectors.



### **Luca Pietra - Smallcodes**

Engineer and new member of SMALLCODES through ScarabLab. He is currently involved in deepening his knowledge of the various programming languages and supporting senior programmers in the implementation of software for health informatics.



### **Jivago Nunes - Somatica, Materials & Solutions**

Jivago Nunes have a degree on Optoelectronics and Lasers, and a Master in Materials Engineering, and worked as a scientific researcher during 5 years. After that, he has been the CTO of the company Somatica, Materials and Solutions, Lda. for the last 10 years and, as an entrepreneur, he have created 5 companies during the last 7 years.



## Panagiotis Karampelas - 1st Epalgematiko Lykeio Kato Achaias

He works as a teacher in secondary technical education with specialization in computers and design implementation circuits and also the design and development of algorithmic structures. Now days is the Headmaster in VET Secondary School. He has 2 Masters, Ecomomics in Education and In School Managment.

Also, Manage and Organize Erasmus Plus Projects (KA1-KA2) and E-Twinning.



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Dimitrios Fligkos has studied IT in Athens University of Economics. He started his teaching career at 1st Epagelmatiko Lykeio Kato Achaias in 2002. He teaches IT and technology. Since 2002 he has taken part in many national and EU projects. He is responsible to organise students and teachers mobilities as well for the projects documentation. He has worked a lot to integrate ECVET system in the mobilities. He is also responsible to organise training activities for foreign students in the area. He has a key role to apply the mobility charter for vet high quality standards in projects planning and implementation.



### Juan Tormos Capilla - IES Enrique Tierno Galván

VET teacher by the specialty of Electrotechnical Facilities since 1991. Tiene the linguistic training in foreign languages. He has participated as coordinator in three transnational projects, as well as in national innovation projects, linguistic immersion by the University of Paris, in the promotion of curricular enrichment and attention to students. He has held the position of deputy director of the IES, Head of Department, coordinator / tutor of FCT and member of several School Councils.



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Industrial engineer. Teacher of Vocational Training in the branch of electricity. A sports and nature enthusiast, I am also passionate about new technologies.